

Tyrone Edgar

Tyrone Edgar completed his clinical training at WITS, graduating with distinction in Clinical Psychology. His master's research explored mediating factors in burnout, compassion satisfaction and compassion fatigue.

Tyrone is also an internationally certified cognitive-behavioural therapist (CBT) who has received extensive training through the Unified Protocol Institute, Boston USA. The kind of CBT Tyrone utilises, addresses emotional disorders, such as anxiety, depression, and other related emotional difficulties. Visit the Unified Protocol Institute for more info.

PRACTICAL EXPERIENCE

Tyrone has applied his clinical skills in a variety of settings, such as the acute Adult and Child Psychiatric Units at Chris Hani Baragwanath Academic Hospital (CHBAH) and the CHBAH Burns Unit. Tyrone now works in private practice at the Premier Health Centre in Johannesburg. His focus is on treating various emotional disorders and working alongside a multi-disciplinary team of psychiatrists, occupational therapists, and other mental health practitioners.

OTHER WORK

Tyrone lectures WITS M.A. classes in CBT, supervises clinical psychologists and conducts mental health workshops for a variety of organisations in South Africa.

CONTACT

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