
www.cbtasa.co.za - Email: info@cbtasa.co.za -

MEMBERSHIP APPLICATION FORM

PRACTICE INFORMATION

Full Name					
Surname					
Consulting Address					
Title	Prof. <input type="checkbox"/>	Dr. <input type="checkbox"/>	Mr. <input type="checkbox"/>	Mrs. <input type="checkbox"/>	Miss <input type="checkbox"/> Other <input type="checkbox"/>
City, Province					
Contact Number					
Alternative Number (Landline)					
Email Address					
Website					
Languages					
Occupation					
HPCSA/SACSSP/SACAP reg. no (required)					
PR No				Online Therapy YES <input type="checkbox"/>	NO <input type="checkbox"/>
Preferred Age Groups					
Modality (individuals/couples/groups)					
Special Interests - Disorders					
Do you provide training?					

CBTASA MEMBERSHIP

Membership can be applied for from one or more CBT models (example on the CBTASA Therapists page).

Criteria:

a.) Accredited Member:

Being an Internationally accredited Trainer or Supervisor: Certified by an official credentialing body as an Internationally Accredited Trainer & Supervisor, as an example; The Albert Ellis Institute, The Academy of Cognitive Therapy, BABCP as well as;

An internationally accredited member: Those that have recognizable International Accreditation at an official credentialing body, such as; Certification with the Academy of Cognitive Therapy (www.academyofct.org), or Associate Fellowship from the Albert Ellis Institute (www.albertellis.org/professional-rebt-cbt/trainings/), or Certification with the Beck Institute (, www.beckinstitute.org/certification), or from EACBT (www.eabct.eu/training-and-accreditation). Third generation CBT models criteria per inquiry (contacts on CBT page)

b.) Academic Member:

Those that teach or have taught CBT at Master's degree university level, and/or have considerably contributed to the development of CBT i.e. in research

c.) Advanced Associate Member:

Having completed a comprehensive CBT course and evaluation (i.e. theoretical and practical testing) of international standard (CE accredited), physically or online, for several months, with 10 hours supervision, plus one year's experience thereafter. Examples of such courses would be longer term training programs such as a three month CBT program at Boston University, six to eight months Oxford Learning College online course, OCTC five month online course, nine month Behavioural Health (Cleveland Centre for Cognitive Therapy) distance education course, or equivalent SA university CBT module as part of a qualifying MA Psychology programme or;

having completed several, more advanced CPD accredited CBT workshops, skills classes, or international conferences, 10 hours of supervision. Examples of more advanced workshops would be added modules such as CBT for Depression, CBT for Personality Disorders, CBT for OCD, CBT for PTSD and skills classes such as Socratic Questioning, Case Conceptualization, etc. International conferences could include those organized by the WCCBT, IACBT, ABCT, BABCP, EABCT.

d.) Associate Member:

Attendance of six days or 40 hours of workshops in a specific CBT model at a CPD accredited institute, i.e. at the Centre for CBT, Schema Therapy Institute of SA, Practical CBT Courses in SA, SA DBT Institute, MBCT(IMISA), ACBS(SA), etc., or equivalent university CBT module as part of a qualifying MA Psychology programme. Examples of such workshops would be Essentials of CBT and CBT for Anxiety.

e.) Open Member:

Anyone interested in CBT and registered with their professional bodies and students of Psychology.

Please indicate with a cross, and the type(s) of CBT Model, applying for:

Subcategories	Full Member (HPCSA registered) CBT Model (i.e. DBT/ACT/ST/CBT/REBT/UP)	Affiliated Member (other registrations, i.e. social workers, nurses, etc.) CBT Model (i.e. DBT/ACT/ST/CBT/REBT/UP)
a) Internationally Accredited		
b) Academic member		
c) Advanced Associate member		
d) Associate member		
e) Open member		

Initial Page

Application fee of R350,00 - please use your name & surname as reference:

Banking details:

Account Name: CBTASA (Pty) Ltd

First National Bank - Current Account

Account Number: 62829681031

Branch: Menlyn Park 252-645

Please send your application form, copies of certificates, outline of University CBT training (category d), letter from a referring practitioner confirming your CBT experience (only category c), professional registration, pop, etc. to

Info@cbtasa.co.za .

Protection of Personal Information Act (POPIA)

Organisation: CBTASA

Your personal information is stored and secured in the centralised database of the Organisation and Gotweb (webmaster) as a service provider.

We will always ensure that your information remains secure and that it is dealt with in line with the new POPI legislation.

Authorised Actions by the Organisation

1. To collect and have access to your personal information;
2. To collect and process this personal information for the purpose of rendering services to you as a member i.e. registration on the CBTASA referral network;
3. To use your personal information to communicate with you;
4. To use your personal information to render certain administrative services.

We hereby encourage you to perform an update of your personal information on a regular basis

Acceptance

Should you not advise us that you disagree with any of the authorised actions in writing, it will be accepted that you have provided your consent to such authorised actions and to the processing and/or use of your personal information as explained above.

Regards

CBTASA

This agreement is signed by _____ on this date of _____, 202__.